

## **Curriculum Statement for PHSE & RSE**

At Brookfields school we aim to create a climate in which pupils use PSHE & RSE with purpose and enjoyment through learning opportunities that are motivating and meaningful and where skills and experiences are acquired in a flexible manner, where knowledge and attributes gained will support their own and others wellbeing and attainment in order to give them the skill set to becoming successful and happy adults who make a meaningful contribution to society.

The curriculum supports children to make connections between areas of learning which relate to developing independence and key skills for life, that promotes communication, independence, emotional resilience and the development of self-help skills.

The scheme will support pupils to reflect on their experiences and understand how they are developing socially, emotionally, morally, spiritually and culturally. This will support them to live healthy, safe fulfilled and responsible lives. Pupil's mental and emotional wellbeing is promoted and supported through individual programmes, group sessions and embedded into the ethos of the school through the nurture schools principals.

The following key areas underpin our 'PHSE & RSE' curriculum.

- >Develop skills for life that promote healthy and independent lives.
- >Be able to demonstrate that they recognise their own worth and that of others, and identify positive ways to face new challenges.
- >To understand how to express their views, and listen to and show respect for the views of others.
- >The ability to make choices about how to develop healthy lifestyles.
- >The ability to identify some factors that affect emotional/mental health and well-being.
- >Ability to identify different types of relationships and show ways to maintain good relationships.
- >To learn how to stay healthy and safe, physically and mentally including relationships and online.
- >Learn about topical issues, problems and events.
- >Understand why and how rules are made and enforced, why different rules are needed in different situations and take part in making and changing rules.
- >Demonstrate respect and tolerance towards others, and resolve differences by looking at alternatives, making decisions and explaining choices.
- >Show an appreciation of the diversity of religious, and ethnic identities in the United Kingdom and describe some of the different beliefs and values in society.
- >Ensures that all aspects of the statutory 'relationships, sex and health' education curriculum is accessible for pupils with SEND.
- >Understand the meaning of the British Values and how they support harmony within their own and wider communities.
- >How the impact of spiritual, moral, social and cultural is embedded into the school ethos.

implementation

The scheme of work will form the basis of planning for PSHE & RSE. The scheme is supported by Equals, SEAL units, SMSC, B squared and national curriculum. It includes the statutory RSE & health education and the Unicef UK Rights Respecting Schools Award (RRSA) which aims to embed the UN convention of the 'Rights of the Child' within the school's ethos and culture. The scheme details for each key stage are as follows:

| Pathway                          | Early Learners The EYFS          | The Explorers KS1 & 2                                      | Adventurers KS1 & 2                           |
|----------------------------------|----------------------------------|--|---|
|                                  | Building                         | PHSE skill development Independence skills Dressing skills | Routines Personal hygiene Dressing            |
|                                  | Relationships.  Self-Regulation. | Feeding skills Self-help skills                            | Self-help skills Feeding                      |
| Long Term Plan                   | Managing Self.  Physical         | Healthy Eating & diet  Physical  Development/gross         | Cooking for myself Food group Social          |
| &<br>Links to scheme,            | Development                      | motor/fine motor. Sensory Diets                            | Sharing                                       |
| RHSE,SMSC and<br>British Values. |                                  | Mental health and wellbeing                                | Turn taking Waiting                           |
|                                  |                                  | Behaviour for learning Early reading skills.               | Social cues Friendships                       |
|                                  |                                  | Managing feelings  | Working with others                           |
|                                  |                                  | Self-confidence and awareness                              | Playing and initiating play Safety and danger |
|                                  |                                  | Occupational Therapy  Semi formal curriculum               | Road safety and danger                        |

| Scheme  | Transport   |  |
|---|---|--|
| All about me/families and people who care for                     | Emotional  CHESS- Behaviour for learning                |  |
| me/respectful<br>relationships                                    | Emotional literacy                                      |  |
| Similarities and differences/caring friendships/respectful        | Semi formal curriculum  Taking responsibility towards   |  |
| relationships   | other/respectful relationships                          |  |
| Choices and consequences/Respectful relationships                 | Staying Safe/internet safety and being safe             |  |
| The needs of  | Rules   |  |
| others/Caring   | Topical issues  |  |
| friendships/families and people                                   | Playing and learning together/Respectful                |  |
| Keeping my body<br>healthy/Physical health<br>and fitness/healthy | relationships Safety in the community                   |  |
| eating  Naming body parts/sex  education                          | Recycling Growing and changing/sex eduation             |  |
| Dealing with my feelings/Mental well being                        | Resisting pressure to do wrong/Respectful relationships |  |
| Being a friend/Caring friendships/respectful                      | My special day/families and people who care for me      |  |
| relationships Family and  | Being aware of my ability/mental well being             |  |
| school/Families and people who care for me                        | Friends/caring friendship                               |  |
| My community/Respectful   | Global issues   |  |
| relationships   | Valuing money   |  |
| The local   | Democracy   |  |

The local

relationships

environment/Respectful

Racism, teasing and

bullying/internet safety and

|                           |   | Keeping myself safe/Internet safety  Safety and medicines/Being safe/health prevention  Being part of a group/respectful relationships  Being safe/Being safe/internet safety | online  Medicines and how to stay safe/physical health and fitness/healthy eating.  My family/families and people who care for me  Knowing how I am changing/sex education  Respecting privacy/Online relationships/being sage/internet safety. |
|---------------------------|---|---|---|
| Resources                 | PE Hall Light room Soft play area PHSE cupboard   | Family support worker  PHSE cupboard  Schools Occupational Therapist  | School nurse  Family support worker  PHSE cupboard  Schools Occupational Therapist  |
| Specialist Provision      | Teaching teams Play based learning  | Developing social communication(SALT) Supporting sensory processing difficulties(O.T)   | Follow the semi-formal curriculum and access the range of subjects modified in the light of their development level   |
| Cross Curriculum<br>links | Understanding the world  Technology  People and communities  Exploring and using media and materials.  Listening, speaking  Reading/Writing | Speaking/listening and attention  Early reading  Early writing  Thinking and problem solving  Enquiring  Exploring my world  Exploring technology  RE                         | Listening Speaking Reading/writing Using and applying Understanding the world Behaviour for learning RE History   |

|            | Educational visits | Educational visits Swimming | Educational visits Swimming    |
|------------|--------------------|-----------------------------|--------------------------------|
| Enrichment | Swimming           | Outdoor areas               | Outdoor areas                  |
|            | Outdoor areas      | After school clubs          | After school clubs Girls group |

The subject leader will lead their subjects by monitoring teaching and learning, reviewing progress through Bsquared, IEP's, auditing resources and implementing and reviewing the subject policy. Our assessment system enables teachers to make informal judgement about the progression of the children's learning.

National Curriculum and skills coverage will be monitored by subject leaders through medium and long term planning scrutiny and regular staff meetings. Scrutiny of subjects will also be provided during lesson observations, learning walks and termly moderation meetings in conjunction with the Leadership team and Governors.

## The Explorers

Will work towards developing the prerequisite skills required to access the semiformal curriculum

## The Adventurers

Follow a personalised pathway which links to individual interests. Pupils will engage in subject specific learning.

## **Pupil/Parent voice**

Parents have opportunities to comment on progress throughout the year, through regular email contact, phone calls, face to face and parents evenings. One of the comments are as follows: "What a brilliant year. We are over the moon with his progress. He loves going to school which is a true sign of progress. His speech is amazing us every day and his anxieties are easing all the time. Thank you all." (Reception parent)



All children have varied opportunities to learn and play alongside each other, building on skills for life such as communication, understanding, social, moral and developing relationships, following the 'Nurture principles' as follows:

Children's learning is understood.

The classroom offers a safe base.

The importance of nurture for the development of wellbeing.

Language is a vital means of communication

All behaviour in communication

The importance of transition on children's lives.