BBC Children in Need: Reach for the Stars

Aim:

I can discuss how friendship makes us feel and talk about how this helps us.

Key/New Words:

Friends, friendship, potential, achieve, obstacle, success, need, help, support, donate, fundraise.

Resources:

Lesson Pack

Coloured pens and pencils

Sugar paper - one piece per group

Success Criteria:

I can explain how my friends make me

I can talk about how friends can help us to achieve.

I can think about how I can help others.

Preparation:

Friendship Picture Cards Discussion Pack – one per small group

How My Friend Helps Me Activity Sheet - one per child

Friend in Need Scenario Cards – one per small group

Fundraising Ideas Activity Pack – one pack per small group

Special Considerations

The lesson discusses some challenges children might face. Be aware of the needs of the children in the class and ensure issues are dealt with sensitively and that children have time and the opportunity to ask questions or discuss any issues they are concerned about.

Learning Sequence



How Do Friends Make Us Feel?: Display the Lesson Presentation and invite children to discuss the aims and success criteria in small groups. Provide each group with a picture from the Friendship Picture Cards Discussion Pack and allow some time for discussion. What do children think their card shows? Invite some feedback from groups and use this to form a baseline assessment of children's understanding.





How Do Our Friends Help Us?: Ask the class how having friends makes them feel. Read through the slide of the Lesson Presentation to introduce BBC Children in Need's vision. Why do you think it is important that children feel safe, secure and happy? How do your friends help you to feel this way? Invite contributions from children and then return to the Lesson Presentation to discuss the word potential. Explain that potential means when we achieve all that we can. Sometimes friends can help us achieve things. Can you think of a time when a friend helped you achieve something difficult?





Overcoming Obstacles: Invite the children to think about a friend who has helped them achieve something. Display the How My Friend Helps Me Activity Sheet on the Lesson Presentation and discuss how to complete this. Allow children some time to complete their sheet and then invite contributions of what they have recorded.





Friends Make a Difference!: Explain that they now need to work in small groups. Provide each group with a Friend in Need Scenario Card to read and discuss. Display the questions on the Lesson Presentation and discuss them to ensure children are clear about what to find out from their scenario. Allow some time for children to read and discuss their scenario and return to the Lesson Presentation. Invite each group to contribute answers to the questions when their scenario is displayed.





How Can We Help?: Explain that we have been thinking about how we can achieve our potential. We have learnt about obstacles that people may face and how friendships can help these. BBC Children in Need funds projects and organisations that help children achieve their potential. Explain to children that every donation makes a difference and encourage discussion around how we can help. Working in pairs or small groups, children can then plan a fundraising activity to raise money for BBC Children in Need. They can use sugar paper to show how the process would work and what the donations could be spent on. Use the Fundraising Ideas Activity Pack if required.





Supporting: Ensure children are working in mixed ability groups for the tasks involving reading.



Extending: Children can be given time to research other fundraising ideas on the BBC Children in Need website.



Developing: Children can work together to choose one of the ideas from the lesson and, from this, plan a fundraising activity for their class to carry out.





