

Short Breaks Service



For Children with Disabilities

Newsletter w/c 4th September 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <u>Halton Local Offer page online</u> or contact the <u>Short Breaks Service for Children with Disabilities</u> team too.

Halton SEND Parent Carer's Forum – September events and activities



Halton SEND Parent Carer's Forum re-opens after the summer break on Wednesday 6th September and has lots of events planned throughout the month including their popular **coffee cake and check-in on Thursday 21st September 11.30am-1.30pm** at the Community Shop in Runcorn, and the latest **parent drop in session on Thursday 28th September 9.30am-11.30am** at St. Bede's Junior School in Widnes.

The Forum also has three of their online Zoom parent information workshops planned throughout September:

- Thursday 14th September 7.30pm Healthwatch Halton join Dave Wilson to find out information about health and social care services available locally. Dave will be with us to talk about what help and support from Healthwatch Halton is available to residents of Halton.
 - https://us02web.zoom.us/j/85999528028?pwd=L1Jud1VDb3dGWX FLbFhhUWIrdk1HQT09
 - o Meeting ID: 859 9952 8028 Passcode: 818122
- Thursday 21st September 7.30pm Austism and ARFID (Avoidant restrictive food intake disorder) – join Emma Eager from The Autism Wellbeing Project who will share her in depth knowledge of autism and ARFID and the challenges that can bring to young people with autism and their parents, and give parents and carers an insight on how best to support through the challenging times.
 - https://us02web.zoom.us/j/87076897797?pwd=ZVV3cHZLblpMNHc 1RGZwak9ncnBpUT09
 - o Meeting ID: 870 7689 7797 Passcode: 627915

- Thursday 28th September 7.30pm Halton SENDIASS Service overview with Sharon English. SENDIASS provides impartial and confidential information and support for parents of children with SEND. They can also work directly with young people with SEND aged 16 to 25 to offer them support. This workshop is a very informative and informal way to ask your questions to the professionals and seek support easily.
 - https://us02web.zoom.us/j/85912769782?pwd=bmVNcEcwWUIES0 9TZXRObkxHV3ArZz09
 - o Meeting ID: 859 1276 9782 Passcode: 613917

If you are not a member of the Forum and want to join any of these zoom workshops, just email Jen on **info@haltonsendpcf.org.uk** for a membership form.

Date	Event	Time	Venue	Information
Wednesday 6 th September	Forum reopens after summer	9.30am - 1.30pm		The forum reopens after summer.
Thursday 14 th September	Dave Wilson -Healthwatch Halton Zoom	7.30pm -8.30pm	Zoom	https://us02web.zoom.us/j/85999528028?pwd=L1Jud1VDb3dGWXFLbFhhUWlrdk1HQT09 Meeting ID: 859 9952 8028 Passcode: 818122
Thursday 21 st September	Coffee, Cake and 'Check in'	11.30am-1.30pm	Community Shop, Priory House, Northway, WA7 2FS	We would love to welcome our parents back after a long summer break! Come have a drink and chat, get some advice and support from other parents in the same boat!
Thursday 21 st September	Autism and ARFID Parent Training Workshop Delivered by – The Autism Wellbeing Project	7.30pm-8.30pm	ONLINE (Zoom)	https://us02web.zoom.us/i/87076897797?pwd=ZVV3cHZLblpMNHc1RGZwak9ncnBpUT09 Meeting ID: 870 7689 7797 Passcode: 627915
Friday 22 nd September	Hummingbird Art session, with Pizza.	5pm -7pm	Hummingbird Art Studio The Village Hall, 12 Main St, Halton, Runcorn WA7 2AN	Bookable event – Fully booked.
Thursday 28 th September	Parent Drop-In Session	9.30am-11.30am	St Bede's Junior School, 16 Appleton Village, Widnes WA8 6EL	A chance to register with the forum, gain support, advice, and signposting in your child's own school. Meet other parents in your child's school experiencing the same issues.
Thursday 28 th September	SENDIASS Overview – Sharon English	7.30pm – 8.30pm	ONLINE (Zoom)	https://us02web.zoom.us/j/85912769782?pwd=bmVNcEcwWUIES09TZXRObkxHV3ArZz09 Meeting ID: 859 1276 9782 Passcode: 613917

Vibe Outdoors Club – September activities



This month the Vibe Outdoors Juniors and Seniors Club will be Nature Art and Mini Golf **on Saturday 9th September**. The Juniors session will run 9.30am to 12.30pm with the Seniors in the afternoon 1.30pm to 4.30pm.

As always, the pick-up points will be at the Old Police station in Mersey Road Runcorn, and at McDonalds Moor Lane Widnes.

To register scan the QR codes in the posters or <u>click here for the Juniors session</u> and <u>click here for the Seniors</u>.

Saturday 9th September 2023

Nature Art

and Mini Golf!

1:30pm -4:30pm

vibeuk.org

Register now by clicking the link or scanning the QR code:



disability

Confident

LIMITED SPACES!

Genior Club

outdoors

Transport

Provided

Age

12-17

Collection Points:

Runcorn: Old Polloe Station, Mersey Road, WA7 1DF Widnes: McDonalds Car Park, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Senior Youth Club (12-17) for SEND young people in Halton



Bakery session and cookery classes with SEND <u>R US</u>

SEND R US in collaboration with <u>Three Bears Cookery Club</u> are holding a free children's bakery session on **Saturday 9th September between 3pm and 5pm** at Brookvale Community Centre, Runcorn.

Places are limited so find out more and contact the SEND R US team through <u>their</u> <u>Facebook page here</u> book your spaces!



Plus, their extremely popular cookery classes have new dates starting Thursday 7th September at Castlefields Community Centre. *Please note that these are primarily* for residents of Castlefields and Murdishaw due to funding purposes.

Contact the SEND R US team through **their Facebook page** to find out more and book your places.

Free

For individuals & families in Halton with SEND

Thursday 7th September Thursday 14th September Thursday 21st September Thursday 28th September Thursday 5th October

All are 5pm-7pm

Castlefields **Community Centre Village Square** Castlefields **WA7 2ST**

CLASSES

COOKING

Places are limited so **Direct Message us on** Facebook or email sendrus@mail.com to book

For funding purposes these sessions are primarily for residents who live in Castlefields and Murdishaw





HALTON

Sendrus@mail.com

All children/young persons must be accompanied by a family member/carer

Please inform us of any food allergies or intolerances when booking





If you're already looking forward to Halloween why not book on for the Deafness Resource Centre's Halloween party on **Wednesday 25th October 5.30pm-8.30pm** where they'll be having a spooky disco, games, face painting and prizes for best costume!

Entry is £3 and includes hot dog and drink – all are welcome so call 01744 23887 or email **ICAN@deafnessresourcecentre.org** to book your places.

Short Breaks Service catch-up and information event



your places.

Upcoming SEN sessions at The Ice Cream Farm Cheshire



The Ice Cream Farm in Tattenhall has two SEN sessions coming up on **Sunday 9th September and Sunday 15th October,** 9am-11.30am.

Don't forget, with their Carer's ticket one carer goes free per booking (proof of valid ID including Blue Badge or PIP letter required).

- Click here to book for Sunday 9th September, or
- Click here to book for Sunday 15th October.

Find out more on their website here, or check out their Facebook page.

Prince's Trust personal development course for 16-25 year olds



Prince's Trust

The Prince's Trust team are recruiting for their next 12-week Personal Development Programme which is delivered by Cheshire Fire and Rescue from Runcorn Fire station.

This programme is FREE for young people aged 16-25 years who are not in education, employment or training and aims to develop confidence, self-esteem, teamwork and employability skills putting young people in a better position to progress into future employment, education or training.

The next team programme is starting on **Monday 25th September**, <u>visit the website</u> <u>here</u> for more information or email <u>keith.barker@cheshirefire.gov.uk</u> / <u>Liz.Ardolino@cheshirefire.gov.uk</u> to find out more.

Young Liverpool Heroes information session



Young Liverpool Heroes is a unique training provision that helps 16+ year olds develop their physical fitness, employability skills and vocational qualifications, all in one engaging and exciting programme aimed towards helping prepare for employment, particularly within the uniformed services such as the Police, Fire Service and Armed forces.

The training is for residents of the Liverpool City Region and is suitable for young people aged 16-19 years old as of August 2023 or aged between 19-24 if you hold an Educational Healthcare plan and are between 19-24 years old. You can <u>click</u> <u>here to find out more and to register</u> for the online information session to be held on **Friday 8th September 3pm-4.30pm**.

Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer

Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or <u>click</u> <u>this link</u>.

Here you'll find lots of useful information and resources, while <u>the Leisure page here</u> has details of activities and events across Widnes and Runcorn



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And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – <u>click here to share your feedback</u>!

MAX cards



The summer holidays may be over for another year but don't forget that Max Cards are available for our families in Halton all year round.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the <u>MAX Card website</u> for further details or check out <u>the Local Offer</u>. Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email <u>AimingHigh.forDisabledChildren@halton.gov.uk</u> or call 0151 511 6560 for more details.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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