## Directions

from Citizens Advice Halton

Directions is a 4 week training programme for you to:

- learn new skills
- build your confidence
- meet new people
- take time for you
- open up new opportunities in work or volunteering

Covering things like communication, team-working, and skills for volunteering, the training can help you make a change, or find your new direction.

With travel expenses and lunch provided, this 1-day a week programme is for people who are 18+, not working, and living in Halton. If you're on benefits, the programme can count towards the hours of your work search requirements.

For more information phone 0151 257 2443 or email directions@citizensadvicehalton.org.uk





