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Our overarching aim is to equip pupils with the key /core knowledge that they can build on through their future learning.

Our aim is to build a PE curriculum that captures and inspires all pupils to enjoy physical activity, to contribute towards a healthy lifestyles and to promote independence by focusing upon key skills for life. We seek to provide numerous opportunities throughout our curriculum for pupils to become physically confident in a way which supports their health and fitness as well as their academic achievements.

We provide our pupils with a range of stimulating and multi-sensory opportunities to engage and where appropriate compete in sport and other activities to build character and to enhance core values such as fairness, teamwork and respect for each other.

It is our intent to ensure that every child fulfils their individual potential and ensure the impact of our PE curriculum allows our pupils to live a happy, healthy and active lifestyle.

The teaching and learning of knowledge is carefully planned, sequenced and delivered to allow pupils maximum opportunity to learn, consolidate and expand on their understanding. Teaching is of a very high quality and is informed by rigorous assessment practices whilst maximising available resources and opportunities.

Our curriculum follows two pathways: The Explorers and Adventurers pathways. Both pathways share the same intent; however, they are specifically adapted to suit the individual needs and abilities of our pupils throughout the school.

On our **Explorers Pathway**, the pupils focus on developing fundamental skills to become increasingly competent, confident in applying their own physical activity and to have access to a broad range of opportunities to help extend their agility, balance and coordination, both individually and with others. Learners are given the opportunity to engage in individual and co-operative physical activities. As the year progresses, the children apply these fundamental skills in a variety of ways; including games, gymnastics and dance activities. Both pathways have access to Real PE scheme of work.

On our **Adventurers pathway**, pupils continue to develop a broader range of skills, learning how to apply them in different ways and link them to make actions and sequences in movement. We provide the pupils with plenty of opportunities to allow them to enjoy communicating, collaborating and competing with one another; including participating in external competitions and multi-school collaborations. Throughout the year, the pupils have the opportunity to take part in a variety of games, gymnastics and dance activities. Both pathways have access to Real PE scheme of work.

There are a wide range of additional, enrichment activities on offer both during the school day and after. These are activities such as swimming, multi-skills sports, karate and rebound and to support a creative and multi-sensory experience that is both exciting and stimulating for our pupils as well as addressing key, individual needs. Where appropriate, individual pupils have sensory diet programmes produced and supported by the schools Occupational Therapist. There are a wide range of resources around school (classrooms, hall, sensory rooms and outdoor play area) that enable these sensory diets to be implemented as well as supporting pupils' in their readiness to learn.

The school's physical environment is designed considerately to ensure maximum opportunity for physical exercise; the school has a Trim Trail, 2 basket swings, outdoor climbing and play equipment, outdoor gym equipment, wide range of bikes and wheeled toys and Tyre Park.

As a school we work in conjunction with a wide range of external agencies to enhance our physical education offer. Links include Greenbank Sports Academy (providing coaches for Rebound), Everton in the Community (coaching for multi-skills) and Little Dragons Karate.

We are extremely lucky to have a fantastic swimming pool on site. This enables all pupils to swim on a regular basis throughout their whole school career. The school uses external coaches to lead all swimming lessons. The children work through gaining confidence in the water to working for accredited badges for the swimming

achievements. In addition, the school offers swimming lessons for pupils twice weekly after school.

As a result of the well-considered curriculum, high quality teaching and assessment and individualised approaches pupils achieve exceptionally well. Pupils develop knowledge and skills at a level appropriate to their development alongside all of the other qualities that we strive for all children to learn whilst on their learning journey at Brookfields.

Through our PE curriculum pupils improve feelings of wellbeing and fitness our children at Brookfields. Our pupils leave us having acquired valuable life skills needed in order to live happy and healthy lifestyle.

Through the teaching of the PE skills, teachers assess the pupils' learning throughout each session. This allows next steps to be identified, supported, as well as relevant assessments to be carried out on an individual basis. Our termly assessment systems (B-Squared, Evisense and IEP's that link to pupils EHC plans) enable all teachers to make informed judgements about individual pupil development and progression in PE.