# **Curriculum Statement for PSHE & RSE**



At Brookfields school we aim to create a climate in which pupils use PSHE & RSE with purpose and enjoyment through learning opportunities that are motivating and meaningful and where skills and experiences are acquired in a flexible manner, where knowledge and attributes gained will support their own and others wellbeing and attainment in order to give them the skill set to becoming successful and happy adults who make a meaningful contribution to society.

The curriculum supports children to make connections between areas of learning which relate to developing independence and key skills for life, that promotes communication, independence, emotional resilience and the development of self-help skills.

The scheme will support pupils to reflect on their experiences and understand how they are developing socially, emotionally, morally, spiritually and culturally. This will support them to live healthy, safe fulfilled and responsible lives. Pupil's mental and emotional wellbeing is promoted and supported through individual programmes, group sessions and embedded into the ethos of the school through the nurture schools principals.

The following key areas underpin our 'PSHE & RSE' curriculum.

- Develop skills for life that promote healthy and independent lives.
- Be able to demonstrate that they recognise their own worth and that of others, and identify positive ways to face new challenges.
- To understand how to express their views, and listen to and show respect for the views of others.
- The ability to make choices about how to develop healthy lifestyles.
- The ability to identify some factors that affect emotional/mental health and wellbeing.
- Ability to identify different types of relationships and show ways to maintain good relationships.
- To learn how to stay healthy and safe, physically and mentally including relationships and online.
- Learn about topical issues, problems and events.
- Understand why and how rules are made and enforced, why different rules are needed in different situations and take part in making and changing rules.
- Demonstrate respect and tolerance towards others, and resolve differences by looking at alternatives, making decisions and explaining choices.
- Show an appreciation of the diversity of religious, and ethnic identities in the United Kingdom and describe some of the different beliefs and values in society.
- Ensures that all aspects of the statutory 'relationships, sex and health' education curriculum is accessible for pupils with SEND.
- Understand the meaning of the British Values and how they support harmony within their own and wider communities.
- How the impact of spiritual, moral, social and cultural is embedded into the school ethos.

# Implementation

The scheme of work will form the basis of planning for PSHE & RSE. The scheme is supported by Equals, SEAL units, SMSC, Squared assessment and national curriculum. It includes the statutory RSE & health education and the Unicef UK Rights Respecting Schools Award framework (RRSA) which aims to embed the UN convention of the 'Rights of the Child' within the school's ethos and culture. The scheme details for each key stage are as follows:

Pathway	Early Learners The EYFS	The Explorers KS1 & 2	Adventurers KS1 & 2
	Building Relationships.	PSHE skill development Independence skills Dressing skills	Routines  Personal hygiene  Dressing  Self-help skills
Long Term Plan & Links to scheme, RHSE,SMSC and British Values.	Self-Regulation.  Managing Self.  Physical Development	Feeding skills  Self-help skills  Healthy Eating & diet  Physical Development/gross motor/fine motor.  Sensory Diets  Mental health and wellbeing  Behaviour for learning  Early reading skills.  Managing feelings  Self-confidence and	Feeding Cooking for myself Food group Social Sharing Turn taking Waiting Social cues Friendships Working with others Playing and initiating play
		awareness Occupational Therapy	Safety and danger Road safety and danger

Semi-formal curriculum Scheme

All about me/families and people who care for me/respectful relationships

Similarities and differences/caring friendships/respectful relationships

Choices and relationships

The needs of others/Caring friendships/families and people

Keeping my body healthy/Physical health and fitness/healthy eating

Naming body parts/sex education

Dealing with my feelings/Mental well being

Being a friend/Caring friendships/respectful relationships

Family and school/Families and people who care for me

My community/Respectful relationships

Transport

**Emotional** 

CHESS- Behaviour for learning

Emotional literacy

Semi-formal curriculum

Taking responsibility towards other/respectful relationships

consequences/Respectful Staying Safe/internet safety and being safe

Rules

Topical issues

Playing and learning together/Respectful relationships

Safety in the community

Recycling

Growing and changing/sex eduation

Resisting pressure to do wrong/Respectful relationships

My special day/families and people who care for me

Being aware of my ability/mental well being

Friends/caring friendship

Global issues

Valuing money

Democracy

		The local environment/Respectful relationships  Keeping myself safe/Internet safety  Safety and medicines/Being safe/health prevention  Being part of a group/respectful relationships  Being safe/Being safe/internet safety	Racism, teasing and bullying/internet safety and online  Medicines and how to stay safe/physical health and fitness/healthy eating.  My family/families and people who care for me  Knowing how I am changing/sex education  Respecting privacy/Online relationships/being sage/internet safety.
Resources  Specialist Provision	PE Hall Light room Soft play area PSHE cupboard Teaching teams Play based learning	School nurse  Family support worker  PSHE cupboard  Schools Occupational Therapist  Developing social communication(SALT)  Supporting sensory	School nurse  Family support worker  PSHE cupboard  Schools Occupational Therapist  Follow the semi-formal curriculum and access the range of subjects modified in
	, ,	processing difficulties(O.T)	the light of their development level
Cross Curriculum links	Understanding the world  Technology  People and communities  Exploring and using media and materials.  Listening, speaking	Speaking/listening and attention  Early reading  Early writing  Thinking and problem solving  Enquiring  Exploring my world	Listening Speaking Reading/writing Using and applying Understanding the world Behaviour for learning RE

	Reading/Writing	Exploring technology	History
Enrichment	Educational visits Swimming Outdoor areas	Swimming Outdoor areas After school clubs	Educational visits  Swimming  Outdoor areas  After school clubs  Girls group

The subject leader leads the subject by monitoring teaching and learning, reviewing progress through B-Squared data, IEP's, auditing resources and implementing and reviewing the subject policy. Our assessment system enables teachers to make informal judgement about the progression of the children's learning.

National Curriculum and skills coverage will be monitored by subject leaders through medium and long term planning scrutiny and regular staff meetings. Scrutiny of subjects will also be provided during lesson observations, learning walks and termly moderation meetings in conjunction with the Leadership team and Governors.

### The Explorers

Will work towards developing the prerequisite skills required to access the semi-formal curriculum

### The Adventurers

Follow a personalised pathway which links to individual interests. Pupils will engage in subject specific learning.

## Pupil/Parent voice

Parents have opportunities to comment on progress throughout the year, through regular email contact, phone calls, face to face and parents evenings. One of the comments are as follows: "What a brilliant year. We are over the moon with his progress. He loves going to school which is a true sign of progress. His speech is amazing us every day and his anxieties are easing all the time. Thank you all." (Reception parent)



All children have varied opportunities to learn and play alongside each other, building on skills for life such as communication, understanding, social, moral and developing relationships, following the 'Nurture principles' as follows:

- Children's learning is understood.
- The classroom offers a safe base.
- The importance of nurture for the development of wellbeing.
- Language is a vital means of communication
- All behaviour in communication
- The importance of transition on children's lives.