



# PE and Sports Premium

2021-22 proposed spending plan

## Use of PE and Sports Premium Report December 2021

### Background

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The [PE and Sport Premium survey](#) highlighted the significant impact which PE and Sport has had in many primary schools across England.

Ofsted's new Inspection Framework, which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

Schools must use the funding to make additional and sustainable improvements to the quality of their physical education (PE), physical activity and sport.

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. In cases where schools don't follow year groups (for example, in some special schools), pupils aged 5 to 10 attract the funding. Funding is based on the January census. Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil.

PE and SPORTS PREMIUM 2021-2022			ALLOCATION <b>£16,970</b>	
ACTIVITIES	AIM	INTENDED IMPACT	TARGETED PUPILS	COST
Swimming Instructor's x 2 (coverage across all classes)  Swimming to recommence when safe to do so – Covid.	For all pupils to be taught by a specialist swimming instructor and work through nationally accredited course. All pupils to have regular swimming lesson.	All classes swim weekly with pupils swimming on a regular basis (usually fortnightly). The pupils will develop their confidence in the water, their swimming skills and at the same time practicing those additional independence, communication and sensory skills e.g. getting changed and being in a pool environment, exploring communication in a different context etc. For some pupils, there are the additional benefits of addressing specific physical and sensory needs through water based activity. Where appropriate children will work towards achieving distance badges.	Whole school	Feb-July 2022  <b>£8,217</b>
Little Dragons ~ Michelle Heys	For pupils to engage in weekly Karate lessons. These sessions develop the basic karate skills alongside other skills such as attention and turn taking skills and are highly structured sessions with familiar routine inbuilt.	Pupils learn a range of karate skills taught within a structured lesson that they are familiar with. They will develop skills of observation, imitation, turn-taking and also have the opportunity to generalise skills from other areas of the curriculum such as maths where they use counting skills and positional vocabulary.	KS2	Full year  <b>£2,160</b>
Everton in the Community –Multisport Sessions	For pupils to engage in range of activities to foster physical development alongside broader skills of engagement, cooperation, turn-taking etc. After school activities with parents to be run on a weekly basis.	Over the Spring and Summer term the pupils will take part in a wide range of activities and experiences including dance and multiskills. The pupils will develop movement skills,	Whole school	Jan-July 2022 Can include an after school club and entry in inter school festivals

		experience different activities, take turns, work with new people and work as a team.		<b>£1,000</b>
The Greenbank Programme – Disability Events and Coaching	Weekly coaching for Rebound session For staff to access Greenbank Sports Academy provision / expertise.	Classes undertake Rebound on a rota basis once a week using school staff and 1 coach from Greenbank. This activity supports the following areas; physical development, addressing sensory needs and improving joint attention, turn taking, waiting and engagement. Additionally through Greenbank we access the Panathlon and other inter-school events.	KS1/2 Pupils	Full year Can include an after school club.  <b>£1,920</b>
New scheme/ equipment/resources	To improve / increase equipment in school available for curriculum, playground sports and extended school's activities.  To purchase newly updated PE scheme.	To purchase equipment for use in PE sessions, in unstructured sessions and as additional resources in classrooms to support pupil's physical development of fine and gross motor skills plus sensory diets and self-regulation.	Whole school	<b>Est £1,500</b>
Staff Training related to PE including Rebound Coaching	To upskill staff in specific elements of physical Education; for example; Rebound Therapy and Yoga, and whole staff related to the new PE scheme.	For staff to have an increased knowledge base and skillset to use with pupils in classes and also as part of enrichment activities.	Whole school	<b>Est £1,500</b>
			<b>Total spend</b>	<b>£16,297</b>