

We're calling on young people aged 5-14 to...

Become a care home friend!

Get involved in our 10 week
"Intergenerational Challenge"



Starts: Monday 25th April 2022

Global Intergenerational Week

Ends: Friday 1st July 2022

Care Home Open Week

Think more about different ages and different generations
Learn about care homes and the people that live and work in them
Make/write something to share with a care home near you

Sign-up here and receive short, fun activities every week that introduce each topic in a thoughtful and engaging way.

Complete the challenge and receive your very own care home friend certificate!

Intergenerational work:

- ★ Can foster children's empathy, boost self-esteem & improve understanding of ageing
- ★ Lays the groundwork for social action and wanting to make a difference in the community
- ★ Gives older people a sense of connection and purpose & can boost wellbeing and decrease isolation

This challenge is part of **Care Home Friends and Neighbours: Intergenerational Linking** – the biggest intergenerational project with care homes in England. The project is led by My Home Life England and The Linking Network and funded through the #iwill Fund and by The Dunhill Medical Trust. [@InterGenLinking](#)

