

# **Sex & Relationships Education Policy**

January 2016

#### Introduction

Sex and Relationships education in Brookfields School is embedded in, and builds on our comprehensive programme of Personal, Health, Social and Citizenship Education (PSHCE).

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health.

Through the teaching of sex and relationships education we intend to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

#### **Moral and Values Framework**

Sex and relationship education will reflect the values of the PSHE and Citizenship programme. SRE will be taught to the whole class and in the context of relationships and puberty.

In addition SRE will promote self esteem and emotional health and well being and help to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community. As part of the scheme we will address issues such as radicalisation. The Counter-Terrorism and Security Act 2015, places a legal responsibility on schools to take every effort to protect members of their community from the threat of political radicalisation. We approach this issue in four ways:

# Providing a safe online environment

• The School has strong filters in place to block pupil access to violent or otherwise inappropriate materials. Internet usage is closely monitored at all times. The School will also seek to block specific sites and search terms too if they appear to pose a risk to our pupils. Furthermore, pupils receive advice and instruction from teaching and pastoral staff on safe internet usage.

### **Assessment of Pupil Behaviours**

• The pastoral monitoring systems of the School have a vital role to play in preventing radicalisation of pupils. The School will also seek advice and support from the local authority if concerns regarding pupil radicalisation arise.

# **Staff Training and Information**

 The School recognises that it has a responsibility to provide INSET to staff on the issue of radicalisation to ensure that they remain vigilant and informed on the issue. It will also ensure staff are aware of how to respond appropriately if concerned about the possible radicalisation of a pupil.

#### **Promoting Fundamental Values**

 The School will vigorously promote fundamental values such as fairness, democracy, tolerance and the rule of law through its general school ethos, PSHCE Programme, Assemblies, the curriculum and all other daily interactions between pupils and staff.

## **Contacts and Resources relevant to PREVENT**

Government advice to schools on this issue can be accessed here: https://www.gov.uk/government/publications/preventing-extremism-in-schools-andchildrens-services

The Government also provides contact details for alerting authorities to suspected terrorist activity. These include the DfE dedicated telephone helpline and mailbox for non-emergency advice for staff

and governors: 020 7340 7264 and counter-extremism@education.gsi.gov.uk in addition to the local police and 101.

# Aims and Objectives for Sex and Relationship Education

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour.

This should take place with consideration of the qualities of relationships within families.

The objectives of Sex and Relationship Education are;

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self esteem and confidence, especially in their relationships with others;
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives;
- To help pupils' develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others;
- To help gain access to information and support
- To develop skills for a healthier safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for puberty and adulthood

# **IMPLEMENTATION**

The scheme of work will form the basis of planning for PSHCE. The scheme is supported by Equals, SEAL units, B squared and national curriculum. The scheme details for each key stage are as follows:

### Foundation stage:

- Making relationships.
- Self-confidence and self-awareness.
- Managing feelings and behaviour.

# Key stage 1:

- Developing good relationships and respecting the differences
- Between people. (Similarities and differences)
- Developing a healthy, safer lifestyle. (Keeping my body healthy and sex education)

### Key stage 2:

- Developing good relationships and respecting the differences
- Between people. (Staying safe)
- Developing a healthy, safer lifestyle. (Safety in the community)

PSHCE is taught across the curriculum and as separate sessions.

Normally PSHCE is delivered by the teaching teams. Occasionally appropriate and suitably experienced and/or knowledgeable professionals such as; the school nurse or therapists can support the teaching and learning of SRE.

Resources to teach sex and relationship educations are kept in the PHSCE cupboard. Materials are also available on websites.

# Role and Responsibilities

- The PSHCE subject leader will ensure staff have access to SRE resources and identify and respond to training needs and opportunities. He/ she will maintain a co-ordinating role in the purchase of SRE resources and maintain an inventory including licenses and approximate purchase date. He/ she will also oversee equipment maintenance and health and safety policy and practice.
- Class teachers are responsible for implementing sex and relationship education through the PSHCE scheme of work by planning teaching and learning opportunities that will meet the needs of all pupils in the teaching group. They will use a range of resources to implement the taught curriculum creatively. Class teachers will complete ongoing assessment of pupil's skills using assessment and record keeping guidelines. They will liaise with the PSHCE coordinator to ensure that appropriate resources are available to address the needs of all pupils within a teaching group.
- The governor for PHSCE is responsible for meeting once a year with the PHSCE leader, for discussing subject strengths and areas for development, and for reporting these to the governing body.

### **WORKING IN PARTNERSHIP WITH PARENTS**

Parents are made aware of individual PHSCE targets during IEP meetings, home-school liaison and annual reviews and parents evenings.

# **EQUAL OPPORTUNITIES**

All areas of the Curriculum aim to promote equal opportunities in accordance with Brookfield's Equal Opportunities Policy which recognises that each child should have access to the curriculum regardless of gender, race, disability or learning difficulty.

## PLEASE READ THIS POLICY IN ACCORDANCE WITH:

- Curriculum policy
- Assessment policy
- Individual subject policy statements
- Topic overviews
- Health and Safety policy
- Behaviour Management policy
- Anti- bullying policy
- E-safety policy

### **PROCESS OF REVIEW**

This Subject Statement will be reviewed every *three* years in order that we continue to meet the needs of the pupils at Brookfields and any statutory requirements.

This policy will be reviewed in January 2019 (unless there are any legislative changes prior to this).